

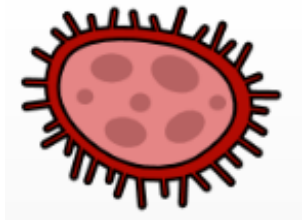
Coronavirus (COVID-19)

Getting better in Hospital



This easy read is about when people with coronavirus might need to go to hospital.

Date: 20/03/2020 Written by: @GeorgiaSLT 



There has been a lot of information in the news about a virus called Coronavirus. Coronavirus and COVID-19 are the same thing.

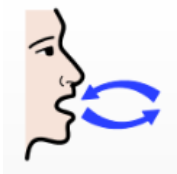
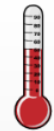


A virus is a type of illness.



Coronavirus is like the flu. People with the virus may have

- A cough
- A high temperature
- Find it harder to breathe than normal



Most people who have the virus and feel unwell can stay at home. They feel better after 7 days. This is the same as 1 week.





Some people who have the virus will need more help to get better.

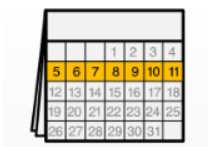


If you are very unwell you may need to go to Hospital.

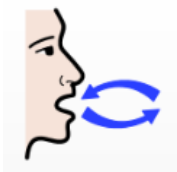


At Hospital people can get medical help to get better.

You might need to go to Hospital if:



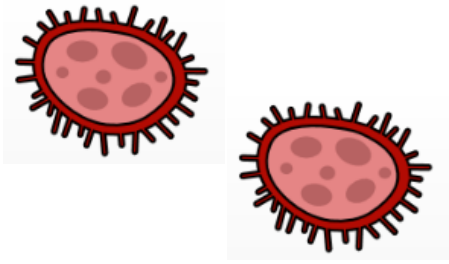
- You are not better after 7 days



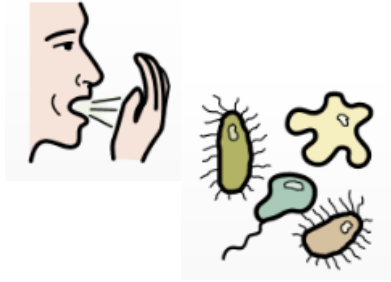
- You are finding it very hard to breathe



- If your doctor or NHS 111 tell you to go to hospital



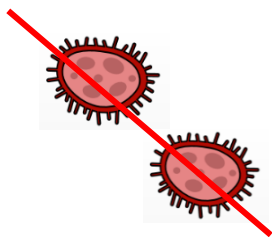
To help people to get better we need to stop Coronavirus spreading.



Coronavirus spreads when we cough. Germs from coughing can stay on our hands, faces, things we touch and our environment.



In Hospital it is **very important** that we stop coronavirus spreading. This is because people in hospital are already very unwell.



We need to try and stop people getting the virus.



People looking after you in Hospital might need to wear **personal protective equipment**.

This is sometimes called **PPE** and includes:



- Face masks or FIT Mask



- Glasses



- Gloves



- Aprons



It is important people working in the Hospital wear these because it stops germs and coronavirus spreading.



It might feel strange seeing people wearing masks, glasses, gloves and aprons.



It might be harder to see people's faces or hear them when they are talking.



They need to wear masks, glasses, gloves and aprons so they can give you the care you need.



The people in Hospital want to help you to get better.



You might need to be tested for coronavirus.



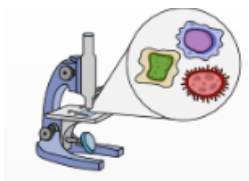
This is so you can get the right help to get better.



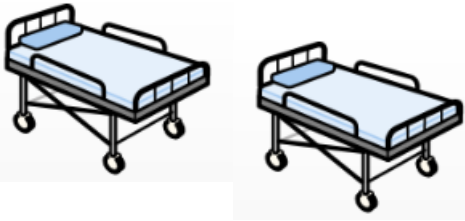
The people who test you might be wearing masks, goggles, gloves and aprons.



You will be asked to open your mouth. A swab will be taken from inside your cheek.



The swab will be tested.



You might be on a ward with other people who have the virus. This is OK.



You might be given a room by yourself.



You might need help with your breathing. A machine called a ventilator can help you to breathe easier.



You might need to wear a mask on your face. This will help you breathe.

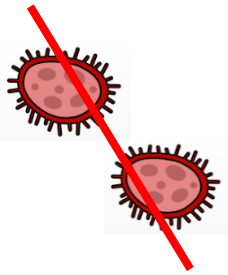


When you can breathe easier you can stop using the ventilator and masks.

1



To stop coronavirus spreading you might only be allowed 1 visitor.



This helps to stop other people getting unwell. It can also help you get better.



You can still speak to people who are important to you on the phone and use video calls (Skype, WhatsApp, Face Time)



You can still do some of the things you enjoy. Things like listening to music, reading and games.



When you get better you can go home.

